



Portage Yacht Club, Pinckney, MI
Hot-to-Trot Interlake Regatta
Saturday, August 15, 2026
SAILING INSTRUCTIONS



Portage Yacht Club

1 RULES

1.1 The regatta will be governed by the rules as defined in the *Racing Rules of Sailing (RRS)*.

1.2 The following rules are changed:

Rule 28.1 Sailing the Course: is modified to include that the last yet-to-finish boat may elect to notify the Service Boat or the Signal Boat, within the Time Limit for finishing, of her intention to not complete the course. The Principal Race Officer shall then designate her as finished based on her position on the course (**PYC MERCY RULE**).

Rule 29.2 General Recall: is modified. Immediately following a class's Starting Signal, two sound signals will signify General Recall. A new starting sequence, including Attention short sound signals, will then be initiated for that same class.

Rule 33 Changing the Next Leg of the Course: is modified to provide that when displayed along with flag C, a green shape will indicate the course direction has moved starboard, and a red shape will indicate moved to port. If the leg length is changed, it will not be signaled.

Rule 44.2 One-Turn and Two-Turns Penalties is modified according to Appendix V1 of the US Sailing Racing Rules of Sailing, reprinted below: "V1 PENALTY AT THE TIME OF AN INCIDENT The first two sentences of rule 44.1 are changed to: 'A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 or rule 31 in an incident while racing. However, when she may have broken one or more rules of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty.'"

Rule 60.4(a)(2) is changed to "if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was neither involved in nor saw the incident, or"

1.3 **Swimming Rafts.** A boat shall be penalized by a DNE (Disqualification not Excludable) for either sailing inside areas bounded by swimming rafts

before, during or after racing, or endangering users of Portage Lake while racing.

1.4 **Sportsmanship.** You shall render all possible assistance to any vessel or person in peril when in a position to do so. A competitor needing assistance should wave an arm with palm open; if no help is needed the arm should be waved with fist closed.

**WE SHARE THIS LAKE WITH OTHERS.
PLEASE BE COURTEOUS!**

2 NOTICE TO COMPETITORS

2.1 Notices to competitors shall be posted on the Official Notice Board at the PYC Clubhouse.

3 CHANGES IN SAILING INSTRUCTIONS

3.1 Any change in the sailing instructions shall be posted before 0900 on the day it will take effect.

4 SIGNALS MADE ASHORE

4.1 Signals made ashore shall be displayed from the Signal Boat docked at Portage Yacht Club.

4.2 When AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes.'

5 SCHEDULE OF RACES

5.1 The first warning signal shall be made at 1200.

5.2 Any subsequent race may follow the previous race as soon as possible, unless orally advised by the race committee.

6 CLASS FLAG

6.1 Interlake Class Flag - white shape with Interlake logo.

7 RACING AREA

7.1 The races will be sailed on Portage Lake near Pinckney, Michigan.

8 THE COURSES

8.1 The course is shown on the Signal Boat by icons read left to right, which indicate the course legs and direction from the starting line to finish line. Background colors of icons indicate how marks

are to be left, red to port, green to starboard. See Appendix I.

- 8.2 Marks are to be rounded except start and finish marks, which are to be passed.
- 8.3 The minimum race shall consist of a three-legged windward/leeward course or a four-legged triangular course.

9 MARKS

- 9.1 Marks consist of orange and yellow tetrahedrons or cylinders. Yellow shall not be used as a turning mark.
- 9.2 Offset marks, if used, shall be a 24" diameter red ball.
- 9.3 Finishing marks shall be yellow.

10 THE START

- 10.1 Races will be started by using rule 26 with the warning signal made 3 minutes before the starting signal.
- 10.2 The second sentence of rule 26 is changed to read, "All times shall be taken from sound signals."
- 10.3 An attention signal of short sound bursts will precede the Warning Signal by 15-20 seconds.
- 10.4 The starting line shall be a line between the course-side of the staff displaying an orange shape on a Signal Boat and the course-side of a nearby mark.
- 10.5 A boat that has not started within 5 minutes after her starting signal shall be scored DNS if she came to the starting area or DNC if she did not. This changes rule A5.
- 10.6 **Individual Recall:** Rule 29.1 is modified in that the PRO shall attempt to notify each boat that has started prematurely by hailing her sail number Code flag "X" (Individual Recall) shall not be used but a sound signal shall be utilized.
- 10.7 **General Recall:** Rule 29.2 is modified. A new complete starting sequence will be made.

11 CHANGE OF THE NEXT LEG OF THE COURSE

- 11.1 **Rule 33 Changing Next Leg of the Course** is modified in that a red shape will indicate the

course direction has moved to port, and a green shape will indicate to starboard. If the leg length is changed, it will not be signaled.

- 11.2 When changing the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable.

12 THE FINISH

- 12.1 The finishing line shall be between the course-side of the staff displaying a blue shape on a Signal Boat and the course-side of a nearby yellow mark.

13 TIME LIMIT

- 13.1 The time limit shall be 60 minutes.
- 13.2 A boat failing to finish within 20 minutes after the first boat sails the course and finishes will be scored DNF without a hearing. This changes RRS 35 and A5.

14 PROTESTS AND ALTERNATIVE PENALTIES

- 14.1 **Informing the PRO.** In addition to the requirements of Rule 60.2, when reasonable opportunity occurs, a boat intending to protest shall inform the PRO immediately upon finishing the race and receive their acknowledgement
- 14.2 **Forms.** Hearing Request and Penalty Acceptance in lieu of Disqualification forms are available at the PYC Office. Protests and requests for redress or reopening shall be delivered to the Protest Committee within the appropriate time limit.
- 14.3 **Alternative Penalties.** The provisions of Appendix V2 apply:

"V2 PENALTY TAKEN AFTER A RACE

After a race, a boat that may have broken one or more rules of Part 2 or rule 31 in an incident while racing may take a Post-Race Penalty for that incident. A boat takes the penalty by delivering a written notice to the race office that identifies the race number and when and where the incident occurred. The penalty shall be a 30% Scoring Penalty, calculated as stated in rule 44.3(c). However, rules 44.1(a) and (b) apply, and the penalty shall not be taken after a protest hearing involving the incident has begun."

14.4 Protest Time Limits. The protest time limit for each race is 30 minutes after the Signal Boat docks after the last race of the day or the race committee signals no more racing today, whichever is later. Protest hearings will be held immediately following the final race of the day. It is the responsibility of all parties to the protest to be available as scheduled.

14.5 The jury will hear protests, in approximately the order of receipt, as soon as possible.

15 SCORING

15.1 As allowed by rule A2.1, a boat's total score shall be the sum of her scores for each race unless four or more races are completed.

15.2 Rule A5.2 is changed in that a boat that did not finish shall be scored points for the finishing place one more than the number of boats that came to the starting area.

15.3 One race shall constitute a series.

16 AWARDS

16.1 At the conclusion of racing, prizes will be awarded as described in the Notice of Race.

16.2 Special prizes may also be awarded.

17 SAFETY REGULATIONS

17.1 Before each race, skippers should pass near the Signal Boat and hail their sail number to help record their intention to race.

17.2 Boats when racing must carry the safety and assistance equipment required for competing in their class-sanctioned events.

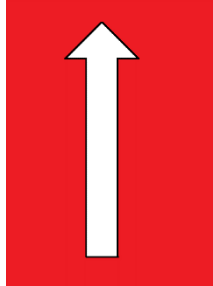
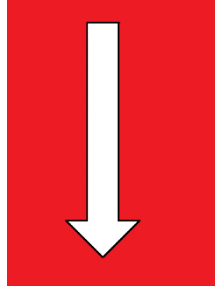
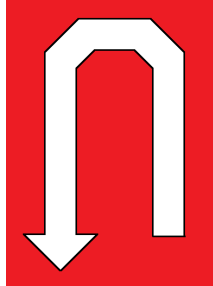
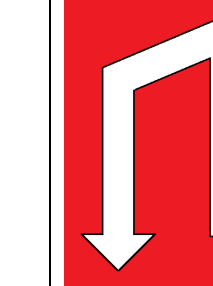
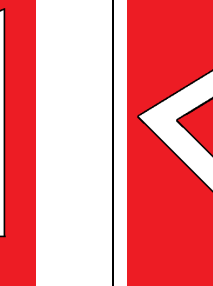
17.3 Competitors are encouraged to wear an approved personal flotation device while racing.

17.4 Competitors are strongly encouraged, if not required by class, to equip themselves with a whistle for attracting help, and to use four sharp blasts as the emergency signal.

SPECIAL RULE FROM PORTAGE YACHT CLUB

Rigging buoys, which are intended for rigging use only, are for both racers *and* non-racers of Portage Yacht Club. Please do not leave your boat unattended on one of these buoys! Do not berth your boat to the docks at night.

Appendix I Race Course Placards

Marks to Port Placards.				
				
Windward	Leeward	Windward – Leeward	Windward – Leeward with Offset	Triangle